



**Slow Food<sup>®</sup>  
Berry to JB**

***SUMMER PICNIC  
and General Meeting  
Wednesday 12<sup>th</sup> February 2025***

The first event of 2025 was our summer picnic at Greenfield Beach in Vincentia. We were lucky with the weather as the sun shone brightly and some of us took the chance to have a swim in the warm sea (so I am reliably told). There was lots of lively chatter as we ate the goodies that we all had brought.

We also took the opportunity to have a general member meeting to give an update on activities and what is being planned. One of the important actions has been to support local needy families through providing fresh vegetables on a regular basis with an arrangement with the Nowra Community Food Store and Patchy Growers in Kangaroo Valley ..... thereby also supporting local producers and at the same time encouraging `good, fair, food for all`.

Activities planned for the next few months include a lunch at Bangalay on 13<sup>th</sup> March (proven to be very popular and already sold out), a Green Energy Tour at Port Kembla on 8<sup>th</sup> April, an Egyptian soiree at Cambewarra in May, a Medicinal Plant Workshop in June, and the Annual Quiz in August, again at Cambewarra.

