

Greenfield Beach Picnic

15th February 2023



On a beautiful day with the sun shining and the temperatures at their best in the mid 20`s, over 20 members and their guests gathered at Greenfield Beach in Jervis Bay for a picnic which was the first SlowFoodBerry2JB event of 2023. It was a very typical Slow Food long and chatty lunch, alfresco for a change. Although it was a BYO affair, there was abundant splendid food to be shared and enjoyed.

The beach could not have looked better with the white sand shining in the sun and the sea a sparkling blue. Some of the party enjoyed their swim despite there being a bit of an unusual swell in the Bay. Others went for strolls through the bush and along the White Sands track running along the sea. Everyone else just sat and chatted in the shelter that Slow Food had booked for the day.

It was a delightful lunch and much enjoyed by all. A great start to the year.

The next Slow Food event is on 25th March 2023 and is one in our `conversation series`. This time the topic is `soil` and its importance in growing the best vegetables and plants. Kirsty Hambrook of Terrewah Farm in Kangaroo Valley will be helping us understand its biology. It will also be an opportunity to join the Slow Food `Soil Your Undies` fun science experiment aimed at finding out the goodness of your own garden soil.

